

JOHNNY DEPP TREATMENT RECORD 6/22-24/14

The patient was seen in Boston for re-evaluation of his current treatment for polysubstance abuse, insomnia, abdominal pain, ADHD. The patient has been stable on his current medication but increased his Adderall to 10 mg bid (previously on 10 mg am/5 mg noon). He claims his focus has been improved with increased dosage. He has been poorly compliant with his Lithium, skipping his night dosage due to falling asleep before he could take it. He admits his abdominal pain has almost completely abated since taking the Prevpak. Mr. Depp reports he is sleeping well on current dosing of Ambien 10mg and compounded Melatonin 20mg. No change in dosage of Roxycodone and compliant with intake.

We discussed the need for compliance with his medications. We also discussed his nicotine habit and agreed we would address this when we completed the opiate and benzo detoxification. Mr. Depp's filming will be completed around mid-July and we discussed the planned detoxification. Mr. Depp prefers to do this in his home in the Caribbean islands. The anticipated duration is between 10-14 days and he will be completely isolated without any professional or personal obligations. Mr. Depp understands that a nurse (Debbie Lloyd, R.N.) will assist me in this program and I will initiate this withdrawal and supervise daily, visiting him at the end of his treatment to design the next step in his therapy. This protracted therapy will include 12 step private counseling and personal psychotherapy and couples therapy with his fiancée Amber. Both are in agreement to this plan.

PLT/ Def: 42
Date: 04/11/2022
Judge: PSA
Case: CL-2019-0002911

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I met with Amber for 90 minutes and discussed the above and her concerns that he be strictly monitored and supervised. Amber has been with Mr. Depp for over 3 years and has seen him go through several episodes of binging behavior with punctuated episodes of sobriety, always failing to maintain his sobriety. Amber has a strong family history of drug and alcohol abuse and is particularly sensitive to his behaviors and potential for abuse. Mr. Depp has indicated to me that he is motivated to remain in part to his relationship with Amber and his desire to maintain this connection. Amber is close to his two children. Amber will remain in close contact with me and his nurse.

Bloods were taken for a general medical evaluation. These results are pending at the time of this documentation. Random urine drug testing will follow. Mr. Depp understands the consequences of a failed test. He also admits that there may be traces of cocaine since he had been abusing this substance prior to the initiation of this program. He denies using this substance since we began his treatment.

EXAMINATION:

BP 126/72 P 72 REGULAR T 98.6 RR 14

General: WD/WN C male, NAD, well-oriented

H & N: AT/NC

Lungs: clear

Cor: RR, without murmurs/rubs/gallops. mid-
Systolic click at mitral area

Abdomen: soft, non-tender, BS active, no masses

Ext: multiple tattoos, no edema

Neuro: physiologic

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IMPRESSION:

Polysubstance abuse, controlled intake under supervision of medical team and current Rx

Insomnia, good response to current Ambien and compounded Melatonin

ADHD, well-managed with current Adderall dose

Dopamine imbalance, currently on Azilect and well tolerated

Depression, poor compliance with Lithium

Hyperlipidemia, maintain Crestor until heart scan following detoxification

Mitral valve prolapse, asymptomatic

Plan:

Maintain current medications with strict compliance to be supervised by nursing and fiancée Amber

Blood panel pending

Random urine drug screening to begin next week

Opiate and Benzodiazepine detoxification to follow current maintenance program while working in Boston

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